



October 4, 2006

MEMORANDUM

TO: All Faculty and Staff

FROM: Brett L. Morris
Assistant Vice President for Human Resources

SUBJECT: October Work and Family Life Employee Newsletter (OHR 2007-008)

I hope you enjoy this month's *Work & Family Life* newsletter. The lead story is about surviving in a "crazybusy" world. There are several articles on health, including new ideas on treating small wounds. You'll find tips for parents, older adults, and those of us with a few pounds to lose. Click this link for the complete newsletter:

http://www.uthscsa.edu/hr/worklife/10_2006.pdf

Work & Family Life is sent to all employees with Health Science Center email addresses. If you supervise a number of employees without email access, please contact Priscilla Castillo, our WorkLife Coordinator. You can reach her by email at castillop@uthscsa.edu or by phone at (210) 567-2595.

You must have the free Adobe Reader Version 6.0 or later to open the file. If you don't have the program on your computer, go to the HR website and click the Adobe Reader link. It's to the left of "Other Links." <http://www.uthscsa.edu/hr/> If you have an earlier version of Adobe Reader, check with your TSR on what to do.

Please do not hesitate to contact Ms. Castillo if you have any difficulty accessing the newsletter or have any questions.

OHR 2007-008