



February 1, 2007

## MEMORANDUM

TO: All Faculty and Staff

FROM: Brett L. Morris  
Assistant Vice President for Human Resources

SUBJECT: February 2007 Work and Family Life Employee Newsletter (OHR 2007-018)

The February issue of *Work and Family Life* has something for everyone from toddler age to seniors. You can find out about helping your toddler accept limits, building a positive relationship with stepchildren, and identifying guidelines for older drivers. You can get help information on starting your own blog (journal that can be accessed online) and on delegating tasks at work. For these stories and much more, click this link:

[http://www.uthscsa.edu/hr/worklife/02\\_2007.pdf](http://www.uthscsa.edu/hr/worklife/02_2007.pdf)

*Work & Family Life* is sent to all employees with Health Science Center email addresses. You must have the free Adobe Reader Version 6.0 or later to open the file. If you don't have the program on your computer, go to the HR website and click the Adobe Reader link. It's to the left of "Other Links." <http://www.uthscsa.edu/hr/> If you have an earlier version of Adobe Reader, ask your TSR what to do.

Please do not hesitate to contact our WorkLife Coordinator, Ms. Priscilla Castillo, if you have trouble accessing the newsletter or have any questions. You can reach her by email at [castillop@uthscsa.edu](mailto:castillop@uthscsa.edu) or by phone at (210) 567-2595.

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