



March 2, 2007

MEMORANDUM

TO: All Faculty and Staff

FROM: Brett L. Morris
Assistant Vice President for Human Resources

SUBJECT: March 2007 Work and Family Life Employee Newsletter (OHR 2007-019)

Did you know that salads might not be the healthiest food choices you can make? To find out why, check page 7 of the March issue of *Work and Family Life*. This issue also looks at raising small children, measuring the value of education to your health, long-distance caregiving, and finding the right words for situations at home and at work. To get your newsletter, click this link:

http://www.uthscsa.edu/hr/worklife/03_2007.pdf

Work & Family Life is sent to all employees with Health Science Center email addresses. You must have the free Adobe Reader Version 8.0 or later to open the file. If you don't have the program on your computer, go to the HR website and click the Adobe Reader link. It's to the left of "Other Links." <http://www.uthscsa.edu/hr/> If you have an earlier version of Adobe Reader, ask your TSR what to do.

Please do not hesitate to contact our WorkLife Coordinator, Ms. Priscilla Castillo, if you have trouble accessing the newsletter or have any questions. You can reach her by email at castillop@uthscsa.edu or by phone at (210) 567-2595.

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