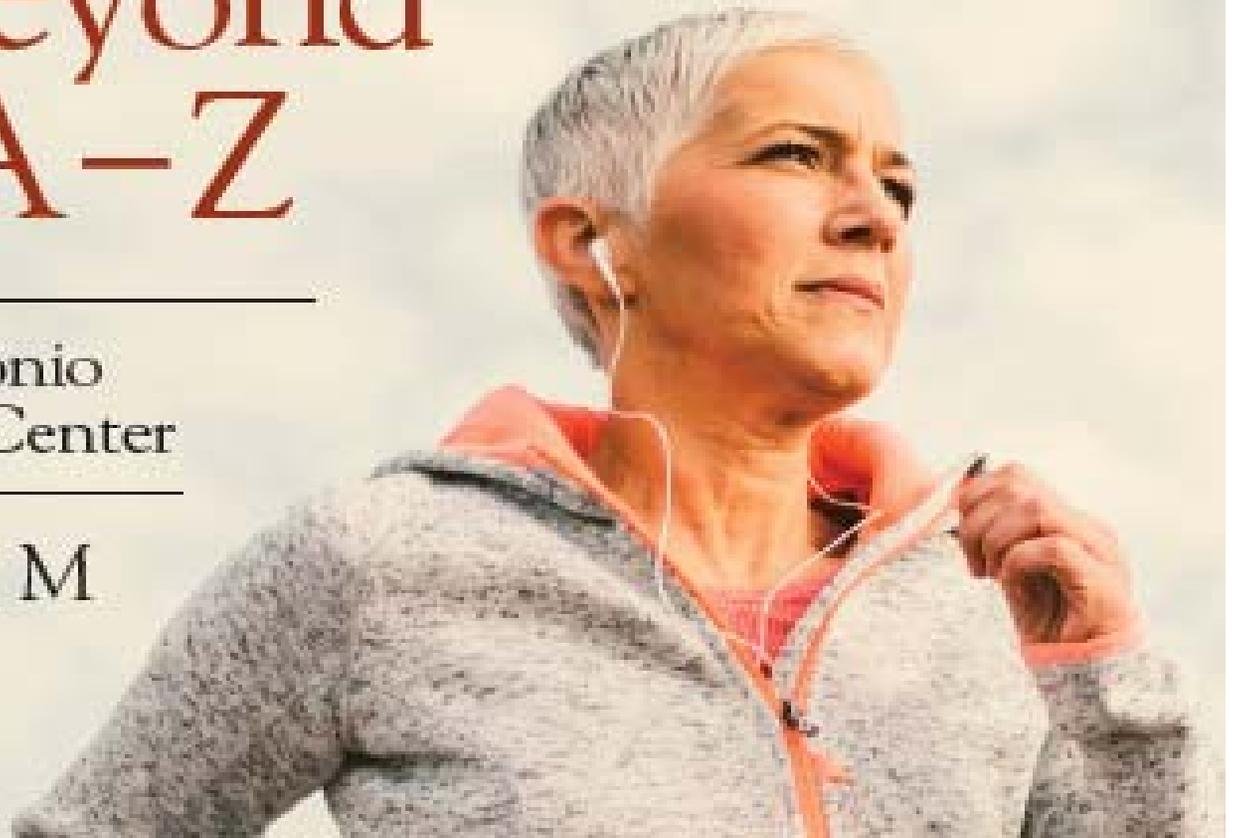


Living Beyond Cancer A-Z

A UT Health San Antonio
MD Anderson Cancer Center

S Y M P O S I U M



 Mays Cancer Center

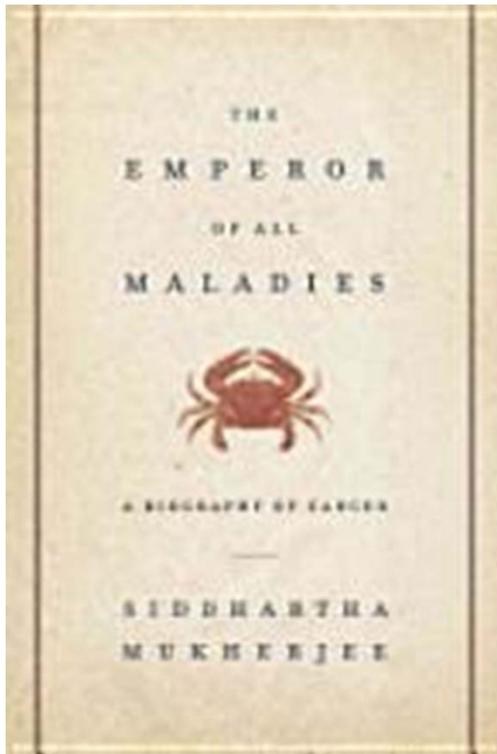
UT Health San Antonio MD Anderson
~~Cancer~~ Center

What Cancer Cannot Do

Cancer is so limited...
It cannot cripple love.
It cannot shatter hope.
It cannot corrode faith.
It cannot eat away peace.
It cannot destroy confidence.
It cannot kill friendship.
It cannot shut out memories.
It cannot silence courage.
It cannot reduce eternal life.
It cannot quench the Spirit.

Author: Dr. Robert L. Lynn

What is Cancer?

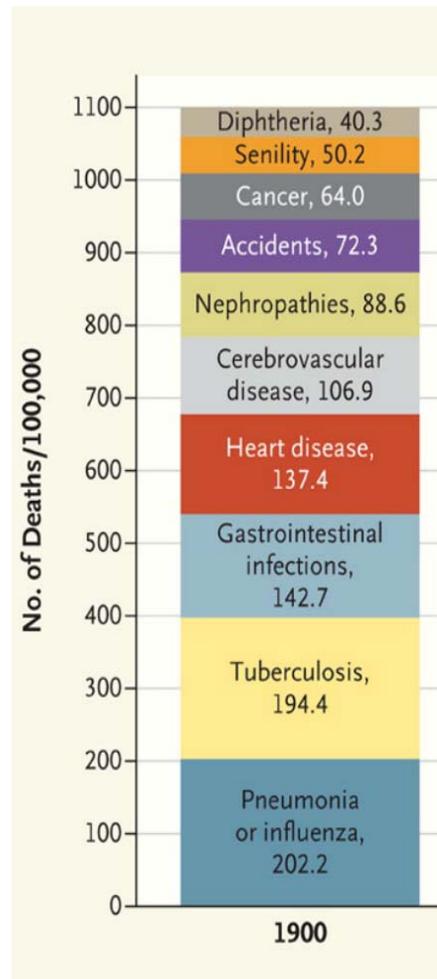


Cancer

From Wikipedia, the free encyclopedia

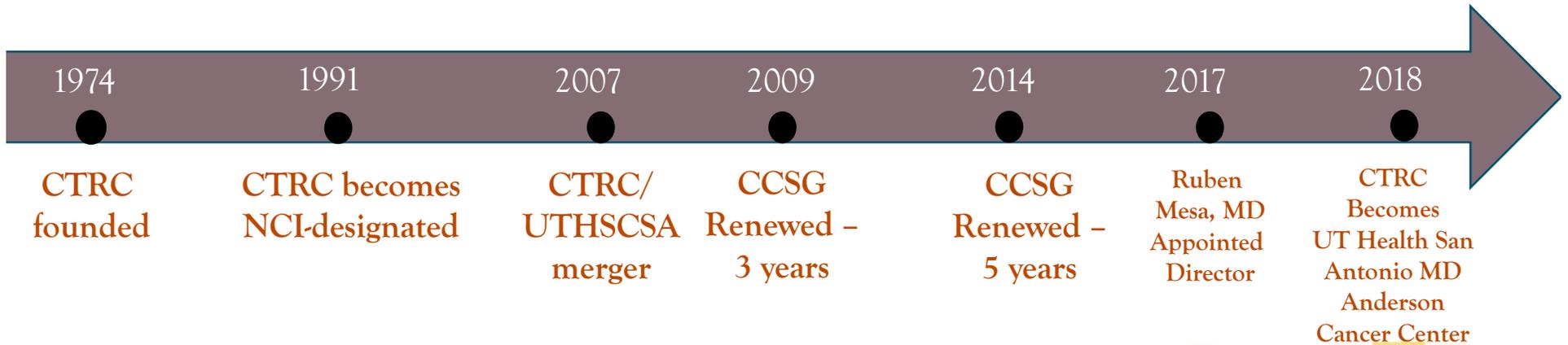
Cancer /ˈkænsər/ (listen), known medically as a malignant neoplasm, is a large group of different diseases, all involving unregulated cell growth. In cancer, cells divide and grow uncontrollably, forming malignant tumors, and invade nearby parts of the body. The cancer may also spread to more distant parts of the body through the lymphatic system or bloodstream. Not all tumors are

Changes in cause of death: 1900-2000



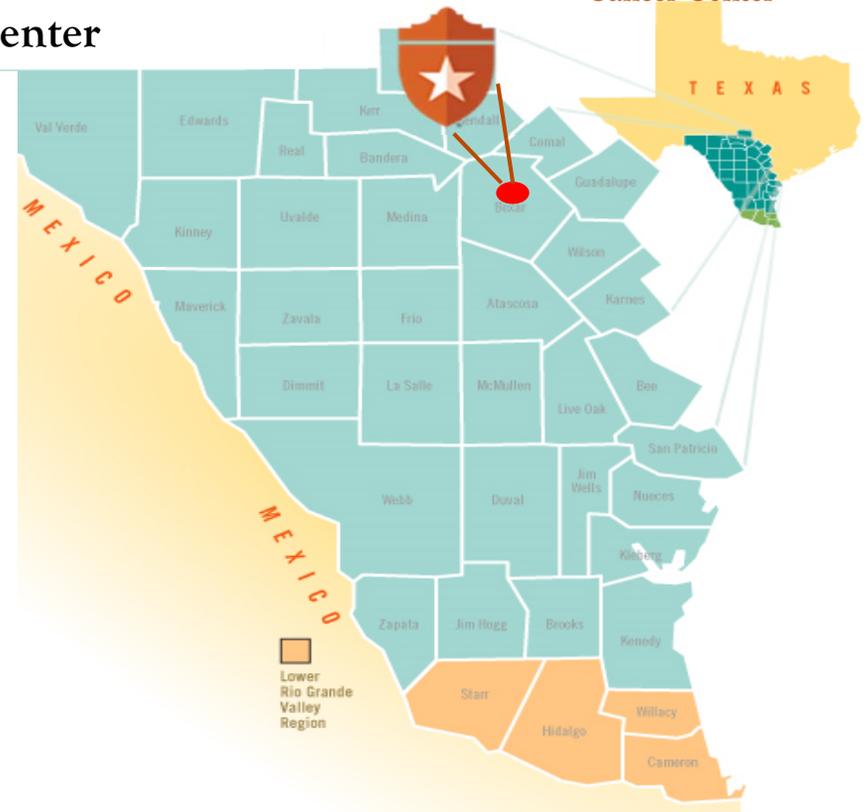
Courtesy of Raymond DuBois, MD

UT Health San Antonio MD Anderson Cancer Center



UT Health San Antonio MD Anderson Cancer Center

- Cancer Care region of 4.5 Million
- Cancer Research
- Educating the Cancer Physicians, Nurses, Scientists of the Future





OUR COMMUNITY



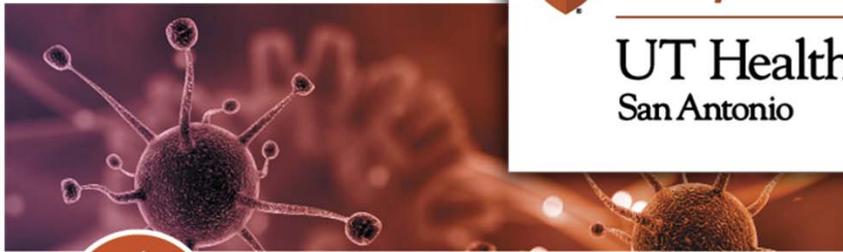
OUR PATIENTS



Mays Cancer Center

UT Health
San Antonio

MD Anderson
~~Cancer~~ Center



CANCER BIOLOGY



BETTER CANCER TREATMENTS



Our Mission: Decreasing the burden of cancer in San Antonio, South Texas and Beyond

What is cancer survivorship?

Who is a cancer survivor?

NCCN (National Comprehensive Cancer Network):

An individual is considered a cancer survivor from the time of diagnosis through the balance of his/her life

What is cancer survivorship?

Survivorship: The process of living with, through and beyond cancer

Why is survivorship care important?

Number of survivors has increased

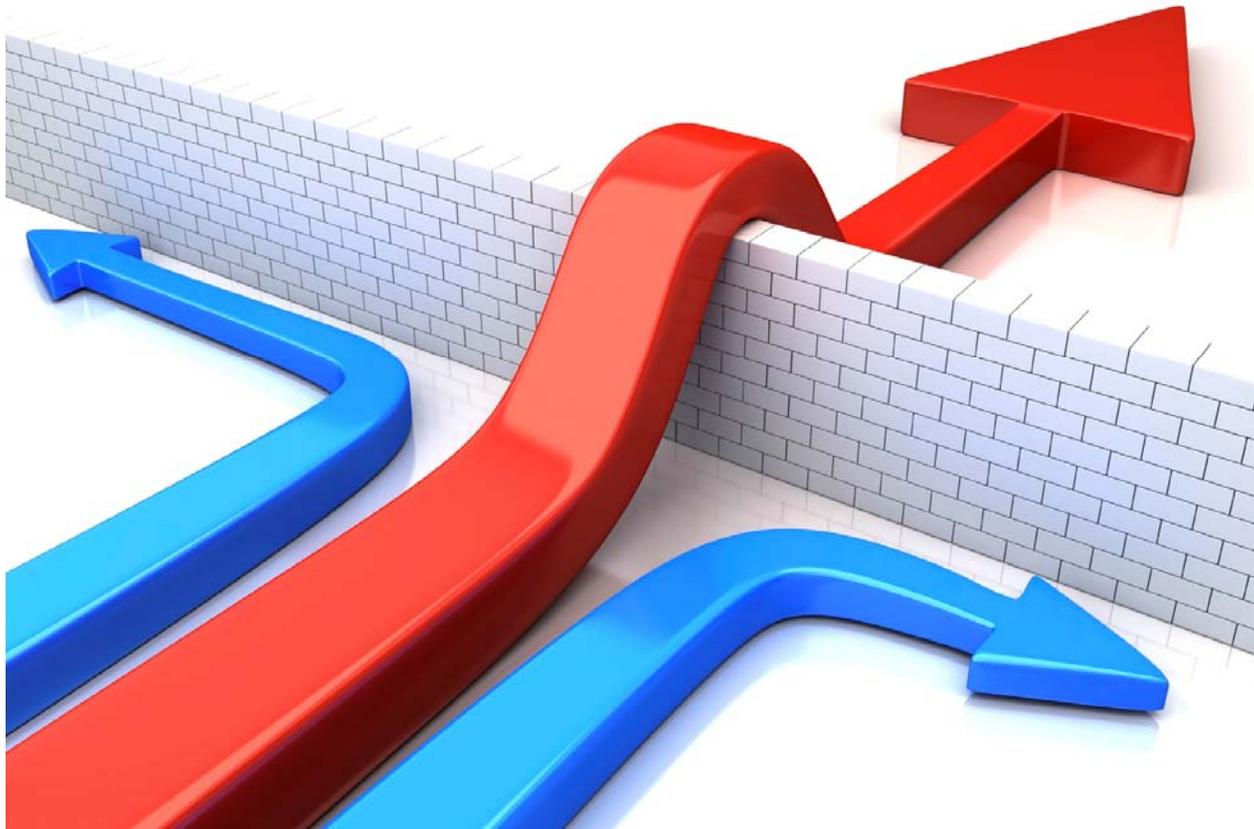


3 million survivors in 1971 **15.5 million** survivors in 2016

Improvements in cancer treatment mean **more** people are living longer after a cancer diagnosis than in years past.

Many survivors experience physical or psychosocial effects (long-term and late effects)

Cancer Survivor =
OVERCOMING Your Cancer



What Tools can help YOU be a Survivor?

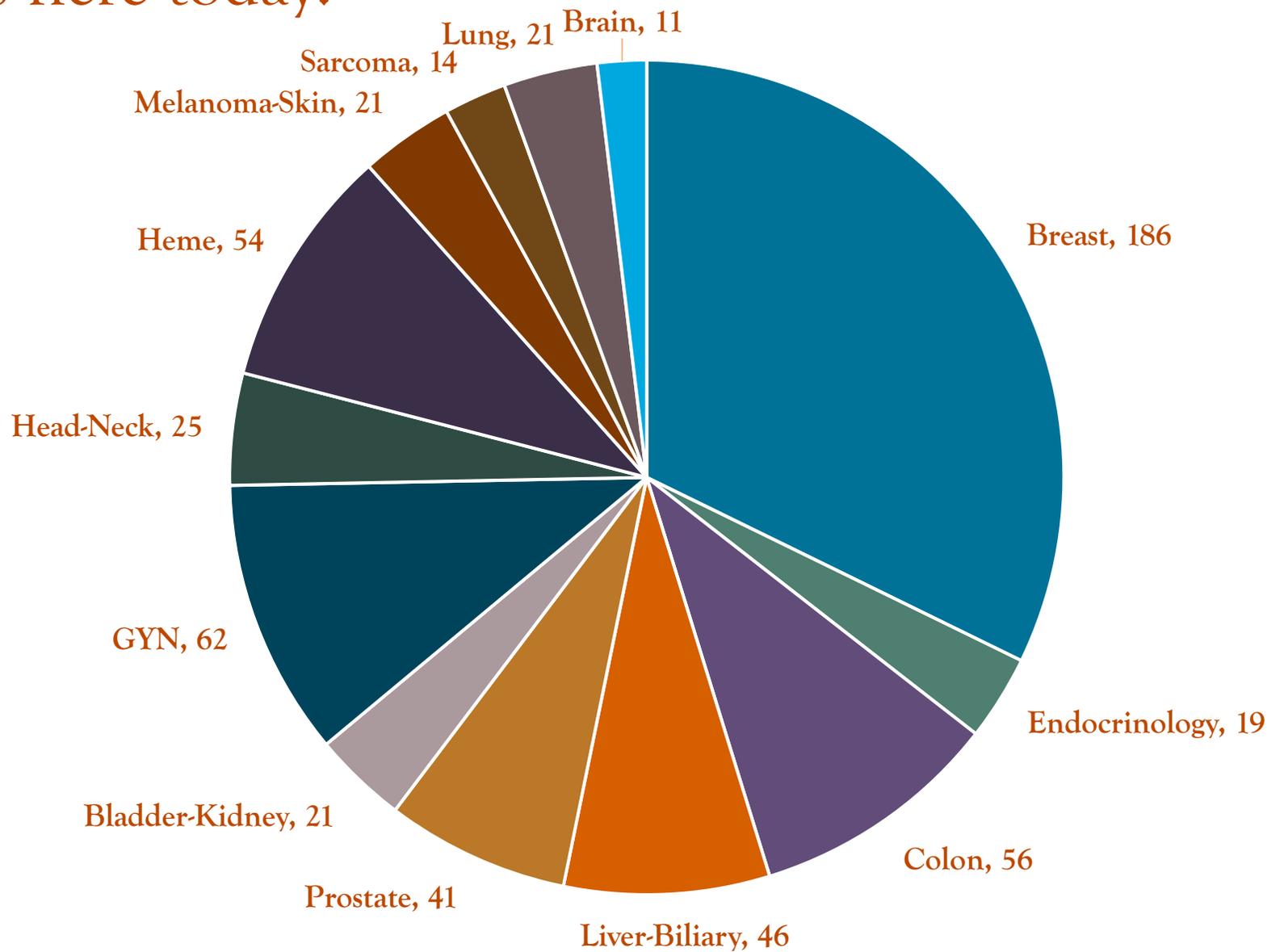
- Knowledge
- Partnership with your healthcare team
- Physical “Wellness”
- Emotional “Wellness”

Living Beyond Cancer A-Z

Goals:

- Learn more about key science breakthroughs in cancer
- Learn about how important nutrition, physical activity, and wellness is to battling and recovering from cancer
- Learn more about the diagnosis and treatment of your cancer
- Provide “tools” to help you on your journey as a Cancer “Survivor”
- Build community

Who is here today?



Schedule

- 8:00 AM** **Welcome and Overview**
- Ruben Mesa, MD, FACP
- 8:30 AM** **Genes and Cancer**
- Patrick Sung, DPhil
- 9:00 AM** **Immune System in Cancer**
- Tyler Curiel, MD, MPH
- 9:30 AM** **Nutrition/Recovery**
- Laura Tenner, MD
- 10:00 AM** **Break**
- 10:30 AM** **Harnessing Lifestyle Change for Cancer Prevention and Control**
- Lorenzo Cohen, PhD
- Alison Jefferies, Med
- 11:30 AM** **How Not to Be My Patient**
- Edward Creagan, MD
- 12:00-1:00 PM** **Lunch**

Schedule – Breakouts 1

1:00-3:15 PM

Disease Specific Breakout Sessions

ALTC Room 3.301

ALTC Room 1.102

ALTC Room 2.202

ALTC Room 1.107

ALTC Room 1.105

ALTC Room 2.217

ALTC Room B113/115

ALTC Room 2.211

ALTC Room 2.213

ALTC Room 2.219

ALTC Room 2.203

ALTC Room 1.130

ALTC Room 2.215

Breast Cancer

Endocrine Cancers

GI-Colorectal Cancer

GI-Gastric, Liver, Biliary, Pancreas Cancers

GU-Prostate Cancer

GU-Bladder, Kidney Cancers

Gynecological Cancers

Head/Neck Cancers

Hematologic Cancers

Melanoma/Cutaneous Cancers

Neurological Cancers

Sarcoma

Thoracic Cancers

Schedule – Breakouts 2

3:30-5:00 PM

Additional Breakout Sessions

ALTC Room 3.301

Mindfulness / Spirituality

ALTC Room 1.103

End of Life

ALTC Room 3.302

Family Caregivers-Wonders &
Worries

ALTC Room B113/115

Meditative Movement

Holly Auditorium

Role of Integrative Medicine in
Cancer Care

Meeting Ground Rules

- This meeting is for YOU, any question is a good question
- Feel free to get up and move about as you need to
- Feel free to ask questions of faculty in between sessions
- We are happy to discuss your disease in general, but on the fly second opinions are bad medicine for both you and us

Housekeeping Items

- Volunteers noted throughout event with name tags
- Restrooms located in the Holly foyer and ALT-C building
- Lunch available for pick up in Holly foyer – there will be several locations with seating
- Afternoon break located in ALTC 2.204

Thank You - UT Health San Antonio Faculty & Staff

Sukeshi Arora, MD	Hematology/Oncology
Luisa Arellano, PA-C	Hematology/Oncology
Elizabeth Bowhay-Carnes, MD	Hematology/Oncology
Matthew Butler, MD	Hematology/Oncology
Sherri Cervantez, MD	Hematology/Oncology
Kathy Crow, MS, PA-C	Hepatopancreatobiliary Surgery
Richard Crownover, MD, PhD	Radiation Oncology
Tyler Curiel, MD, MPH	Hematology/Oncology
Haisar Dao Campi, MD	Colon and Rectal Surgery
Angelica Davila, MD	Geriatrics, Hospice & Palliative Medicine, Family Medicine
Daniel DeArmond, MD	Thoracic Surgery
Enrique Diaz Duque, MD	Hematology/Oncology
Maryam Elmi, MD	Surgical Oncology
Mohammed Fakhreddine, MD	Radiation Oncology
Jay Ferrell, MD	Otolaryngology H&N
John Floyd, MD	Neurosurgery
Ramona Granda-Rodriguez, MD	Endocrinology
Chul Ha, MD	Radiation Oncology
Sarah Hackman, MD	Pathology
Javier Hernandez, MD	Urology Oncology
Annie Hung, MD	Hematology/Oncology
Jessica Jones, MD	Hematology/Oncology
Kathryn Kanzler, PSYD	Psychiatry & Family and Community Medicine
Lisa Kilpela, PhD	Psychology
Dharam Kaushik, MD	Urology Oncology
Brandon Konkel, MD	Hematology/Oncology
Edward Kost, MD	Gynecologic Oncology
Jennifer LaCoss, MD	Hospice & Palliative Medicine



Thank You - UT Health San Antonio Faculty & Staff

Ying Li, MD, PhD
Michael Liss, MD
Alicia Logue, MD
Ahmed Mansour, MD
Georgia McCann, MD
Frank Miller, MD
Alexis Ortiz, PT, PhD
Sandra Osswald, MD
Nikos Papanikolaou, PhD
Fred Poordad, MD
Rajiv Rajani, MD
Chethan Ramamurthy, MD
Karl Rasmussen, PhD
Robyn Scherber, MD, MPH
Zheng Shi, MD, PhD
Aaron Sugalski, DO
Patrick Sung, DPhil
Robert Svatek, MD
Laura Tenner, MD
Federico Tozzi, MD

Radiation Oncology
Urology Oncology
Colon & Rectal Surgery
Urology
Gynecologic Oncology
Otolaryngology H&N
Physical Therapy
Dermatology/Dermapathology
Radiation Oncology
Hepatology
Orthopaedic Surgery
Hematology/Oncology
Radiation Oncology
Hematology/Oncology
Radiation Oncology
Pediatric Hematology/Oncology
Biochemistry & Structural Biology
Urology Oncology
Hematology/Oncology
Surgical Oncology

Thank You - Visiting Colleagues

Mayo Clinic, Rochester MN

Edward Creagan, MD, Medical Oncology

MD Anderson Cancer Center, Houston, TX

Lorenzo Cohen, PhD, Integrative Medicine

Gabriel Lopez, MD, Palliative, Rehabilitation and Integrative Medicine

Jeff Myers, MD, H&N Surgery

Miguel Rodriguez-Bigas, MD, Surgical Oncology

Arizona State University, Tempe, AZ

Jennifer Huberty, PhD, Research Scientist

Baylor College of Medicine, Houston, TX

Timothy Wagner, MD, Radiation Oncology

Houston, TX

Alison Jefferies, Med, Education

Seattle, WA

Alyssa Kapranopoulos, RYT, Certified Yoga Instructor

San Antonio, TX

Leslie Wood, LCSW, Child and Adolescent Therapy

Thank You - San Antonio Cancer Community Partners

- University of Texas System and UT Health San Antonio
- National Cancer Institute (NCI)/ NIH
- MD Anderson Cancer Center
- Peggy and Lowry Mays, Mays Family Foundation
- SA Cancer Council
- San Antonio Cancer Foundation
- Leukemia and Lymphoma Society (LLS) -SA and South TX
- American Cancer Society
- Alamo Breast Foundation
- Susan G Komen



Thank You!!

- Lauren Smith, Este Navarro, Lori Moctezuma
- David Constante, Photography
- Alberto Luevano & Adam Rodriguez, AV Technical Support
- Mike Hamilton & Staff, Facilities Support
- Rudy Lerma & Steve Hallam, Lancer Catering Services
- UT Police Department



Thanks to Many

Volunteers

Caregivers, family members, friends,
loved ones

Attendees!

