YOUR QUICK GUIDE FOR YOUR DAY OF SURGERY

Please keep this document for your day of surgery as a reference.

Your date of surgery: ____________________

Time of Surgery: ____________________

Time of Arrival: ____________________

- **Times are subject to change. We will call you the day before your surgery to confirm.**

- **Do not eat or drink anything after midnight on the day of your surgery. You may take your blood pressure medication with a sip of water only the morning of surgery.**

- **Wash with the Hibiclens surgical soap you were given twice: once the night before surgery and again the morning of your surgery. Wash from the neck down and spend more time in the area where you will be having your surgery.**

- **Start taking Vitamin C 500mg with meals the day before surgery.**

- **Items to bring with you:** Photo identification, proof of insurance, list of your prescriptions, medications you must take daily, emergency contact list, reading material and any other items that may be important to you.

**Location of your surgery:**

- Medical Arts & Research Center (MARC)
  8300 Floyd Curl Dr.
  San Antonio, TX 78229
  For medical questions call: (210) 450-9300
  For scheduling questions call: (210) 450-9305
  Parking: you may park in the garage
  Check in: on the 2nd floor in the surgery center.
  **What family can expect:** There is a café and HEB pharmacy on the 1st floor if needed.

- Methodist Ambulatory Surgery Hospital (MASH)
  9150 Huebner Road
  San Antonio, TX 78240
  For any questions call: (210) 575-5112
  Parking: you may park in any available spaces around the front and sides of the hospital.
  Check in: Suite #100, first door to the right and ahead of you when you enter the front.
  **What family can expect:** There are several surrounding restaurants if needed. The facility has free web access. There is also a pharmacy located in the building.
  For pediatric patients: If you would like to bring your child in to MASH for a tour before their procedure, please contact (210) 575-5200 to set up a time.