# Radiation Therapy for Prostate Cancer

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#### Radiation Therapy for Prostate Cancer

- 1. How do you use radiation to treat prostate cancer?
  - Different modalities
- 2. What do you expect from radiation treatments?
  - Acute vs. Late effects



# How do you use radiation to treat prostate cancer?

- 1. Linear Accelerator (External Beam Radiation Therapy)
  - Sometimes in combination with Androgen Deprivation Therapy (Hormone Therapy)
- 2. Radioactive Seeds (Brachytherapy)
- 3. Radioactive Radium Injection (Xofigo)



#### Linear Accelerator



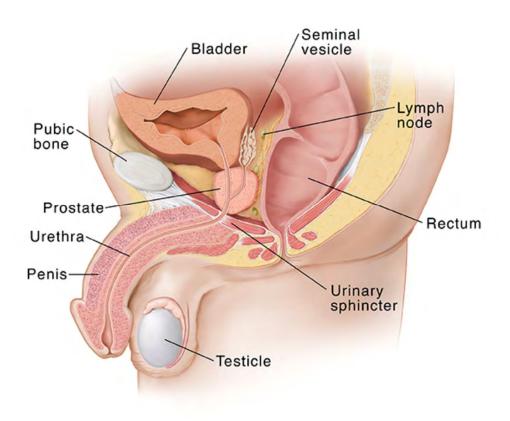


# Simulation for Prostate Cancer Treatment



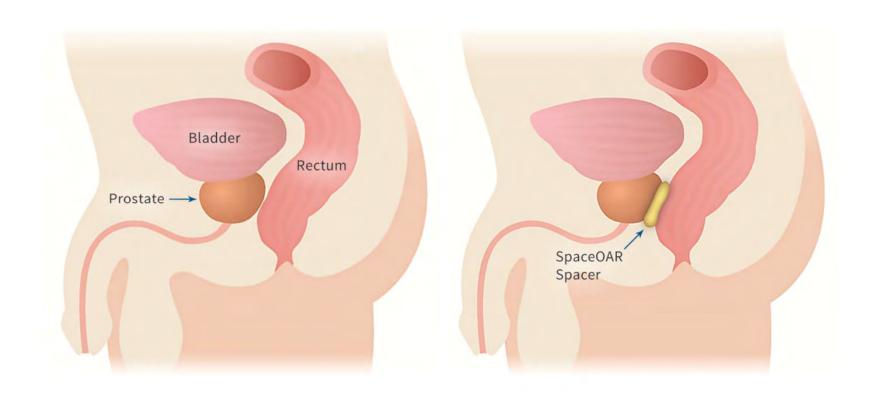


## Anatomy of the Prostate



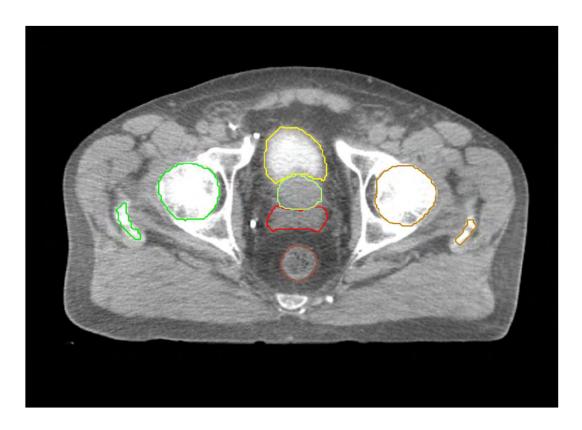


# Space OAR





# Treatment Planning





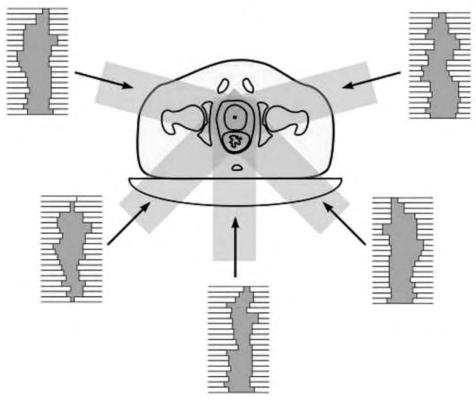
### Treatment Planning

#### Team Work

- Radiation Oncologists
- Dosimetrists
- Medical Physicists

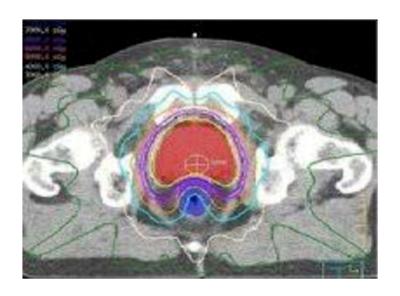


## Intensity Modulated Radiation Therapy for Prostate Cancer



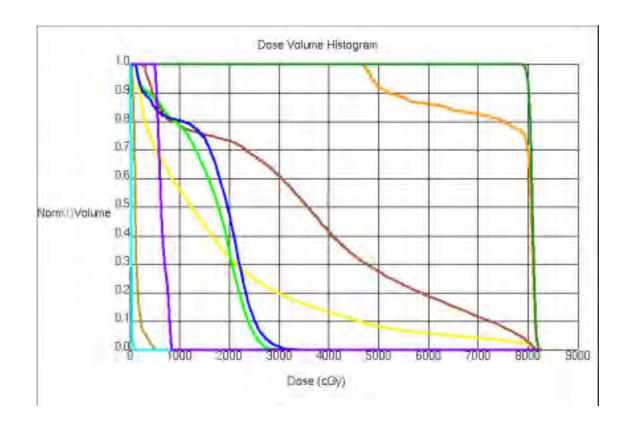


#### Treatment Plan for Prostate Cancer



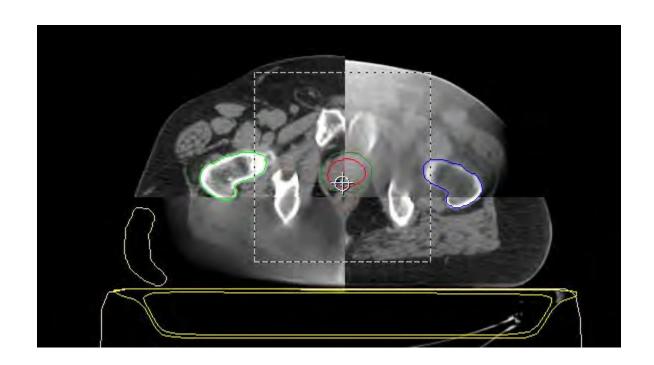


### Dose-Volume Histogram





### Daily Administration of Radiation



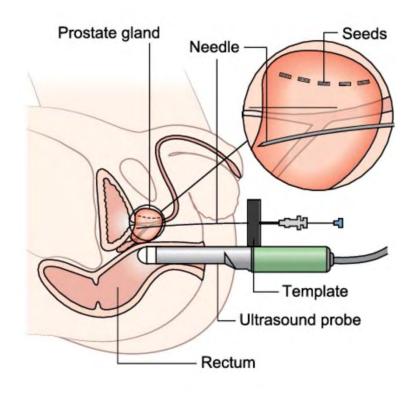


#### Different Regimens of Radiation Therapy

- 1. Standard regimen
- 2. Moderately hypofractionated regimen
- 3. Hypofractionated regimen
- 4. SBRT (Stereotactic Body Radiation Therapy)



### Radioactive Seeds (Brachytherapy)





## Radioactive Seeds (Brachytherapy)





## Radioactive Radium Injection (Xofigo)



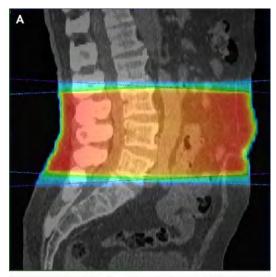


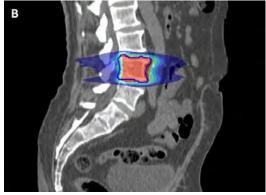
## Radioactive Radium Injection (Xofigo)





# Palliative Radiation Therapy





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# What do you expect from external beam radiation therapy?

#### Acute

- Fatigue
- Painful or difficult urination
- Slow urination
- Frequent urination
- Urgency with urination
- Getting up more often at night for urination
- Blood in urine
- Loose bowel movement.
- Frequent bowel movement
- Painful or difficult bowel movement
- Worsening hemorrhoids
- Sexual dysfunction

#### Late

- Blood from bladder
- Blood from bowel/rectum
- Sexual dysfunction
- Bladder dysfunction
- Rectal dysfunction
- Secondary Cancer



#### What do you expect from brachytherapy?

#### Acute

- Painful or difficult urination
- Slow urination
- Frequent urination
- Urgency with urination
- Getting up more often at night for urination
- Loose bowel movement
- Frequent bowel movement
- Sexual dysfunction

#### Late

- Blood from bladder
- Blood from bowel/rectum
- Sexual dysfunction
- Bladder dysfunction
- Rectal dysfunction
- Secondary Cancer



# What do you expect from radioactive radium injection treatment?

- Nausea/Vomiting
- Diarrhea
- Swelling in the legs and feet
- Low blood counts
- Secondary Cancer (?)

