



UT Health

San Antonio

Psychiatry &
Behavioral Health

Interventional Psychiatry Program Referral

UT Health San Antonio is excited to offer the following treatment options to help you meet your patients' needs:

Intervention	Uses
Electroconvulsive Therapy (ECT)	Treatment Resistant Depression (TRD), Treatment Resistant Psychosis, Catatonia
Intranasal Ketamine (Spravato™)	Treatment Resistant Depression (TRD)
Transcranial Magnetic Stimulation	Treatment Resistant Depression (TRD)

Please **circle the intervention above** you are most interested in for your patient and **fill out** the form below.

- Prescriber's Name: _____
 a. Telephone Number: _____
 b. Fax Number: _____
- Patient's Name: _____
 a. Telephone Number: _____
- Psychiatric diagnosis/diagnoses: _____

- For patients with TRD:
 - Has the patient failed ≥ 2 adequate antidepressant trials during the current major depressive episode?
 Yes _____ No _____
 - Antidepressants tried and failed during the current major depressive episode:

Name	Max Dose	Dates tried – start and end dates

- Is the person using alcohol or illicit substances? Yes _____ No _____
 a. If yes, please explain _____
- Are you concerned the patient is misusing benzodiazepines, opiates or other prescribed medications?
 Yes _____ No _____
- If requesting ECT or Spravato™, does the patient have someone who can take them to and from the treatment?
 Yes _____ No _____
- If requesting ECT, please have medical records sent if patient not seen at a UT Medicine Clinic.

Thank you for this referral!! Please fax or email this form back to: (210) 450-2104, or garzaj24@uthscsa.edu