

# READI SURVEY

(Army)

## A. Demographics

1. What is your area of concentration (AOC) if an officer, or military occupational specialty (MOS) if enlisted?

66C Psychiatric Nurse

2. How many years military experience do you have in the nursing AOC/MOS you entered in question one?

3. Do you have prior enlisted time in the medical field? Yes  No

4. If you answered yes in question three, what was your MOS?

5. Please enter how many years prior enlisted service you have?

6. Please enter how many years civilian experience you have in the medical field?

7. If you have had civilian experience in the medical field, what was your area of expertise?

8. What is your highest level of education? High school diploma/GED

9. To what major command are you assigned? USA Medical Command (incl. AMEDD C&S, Japan, Europe)

10. If you are assigned to USA Medical Command, are you a professional filler (PROFIS)? Yes

11. What is your present military rank? O1 - 2nd Lieutenant

12. What is your gender? Male  Female

13. What is your age group? 19-25

14. To what type of unit are you assigned? TO&E Unit. A tactical unit which may be deployed for combat.

15. What is your deployment status? I am currently deployed.

16. Have you ever been deployed in your current AOC/MOS? Yes  No

17. If you answered yes in question 16, what year were you deployed?

18. When did you last participate in any field training? (Month/YR) EX: 03/00

19. How long was the training? (Days/Month/s) EX: 3/1

20. Which medical facility are you assigned to? U.S Army Medical Command

## B. Clinical Nursing Competency

### Shock/Documentation

1. How familiar are you with the different types of shock? Not Familiar

2. How competent are in caring for patients in hemorrhagic shock? Not Competent

3. Consider this situation. You are deployed. You get to the scene of a MASCAL. There is ground ambulance support. There is one person who appears to have been hit in the leg. The patient is losing a steady stream of blood. The patient's vital signs are stable now. You have placed a dressing over the wound, but you noticed you have to keep reinforcing it. The ambulance driver wants to know if the patient can wait till the next run to the treatment facility or if the patient has to go immediately. What is

your assessment? **The patient can wait for the next ambulance. The patient is stable.**

4. Choose the answer that represents your competence with clinical documentation (use of SF 510, 511) in a field environment.

**Not Competent**

Emergency Nursing

5. When was the last time you provided direct patient care? **More than 4 years ago**

6. What type(s) of triage experience and education have you had?

**I have not learned about triage yet**

7. How competent are you to be able to calculate an IV drop without your calculator or drug book?

**Not Competent**

8. When was the last time you had to reconstitute medications, calculate dosages, and administer an IV medication?

**More than 4 years ago**

9. How competent are you to institute standing orders based on your ability to assess patients? For example, ordering x-rays, starting IV fluids, administrating medication, etc...without immediate contact with a physician?

**Not competent**

10. How competent are you to perform in a code/emergency situation? **Not competent**

11. Do you understand the concept of body surface area in relation to a burn patient and are you competent in calculating it?

**No, don't know what it is nor, how to calculate it.**

12. How competent are you when deciding which critically ill or injured patients get seen first?

**Not competent**

13. Consider a situation if a doctor is not present. How competent are you in performing ACLS protocols?

**Not competent**

14. How competent are in taking care of life threatening injuries? **Not competent**

15. Are you competent in your IV skills? Yes  No

16. Could you in some detail describe the life-saving ABC principles? Yes  No

17. Do you feel competent to assess a multiple trauma patient? Yes  No

**What is your level of competence on each of the patient situations listed below:**

- 1 = Not competent at all
- 2 = Have training but no experience
- 3 = Have training & minimal experience
- 4 = Have training & moderate experience
- 5 = Fully competent

18.	Care of patient with NBC injuries.	1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/>
19.	Ballistic missile injuries.	1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/>
20.	Recognition of tension pneumothorax.	1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/>
21.	Fluid resuscitation of a burn patient.	1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/>
22.	Universal blood donor protocol.	1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/>

23.	Disease, non-battle injuries.	1 ● 2 ● 3 ● 4 ● 5 ●
24.	Use of field ventilator.	1 ● 2 ● 3 ● 4 ● 5 ●
25.	25. Airway management.	1 ● 2 ● 3 ● 4 ● 5 ●
26.	Implementing triage categories.	1 ● 2 ● 3 ● 4 ● 5 ●
27.	Clinical team leadership.	1 ● 2 ● 3 ● 4 ● 5 ●
28.	Care for refugees.	1 ● 2 ● 3 ● 4 ● 5 ●
29.	Antepartum/postpartum care.	1 ● 2 ● 3 ● 4 ● 5 ●
30.	Field infection control.	1 ● 2 ● 3 ● 4 ● 5 ●
31.	Orthopedic nursing.	1 ● 2 ● 3 ● 4 ● 5 ●
32.	Neurologic nursing.	1 ● 2 ● 3 ● 4 ● 5 ●

### Physical Assessment

Please rate yourself according to Level of Present Knowledge/Skill

- 1 = Low
- 2 = Somewhat low
- 3 = Moderate
- 4 = Nearly high
- 5 = High

33.	Identify the components of a physical examination.	1 ● 2 ● 3 ● 4 ● 5 ●
34.	List the five examination techniques to perform a physical examination.	1 ● 2 ● 3 ● 4 ● 5 ●
35.	Perform a complete nursing assessment and interpret abnormal findings.	1 ● 2 ● 3 ● 4 ● 5 ●

### C. Operational Nursing Competency

Consider the following situation. The 4 limb electrodes of a cardiac monitor-recorder are attached to a patient and you have just obtained an EKG tracing in the field. You have been asked to obtain a 12 lead EKG on the same patient. You have the following equipment and supplies: Field table; cardiac monitor; 4 metal limb electrodes attached to the patient with holding straps; 1 suction cup electrode; 1 tube of electrode gel; 1 roll of recoding paper; 1 box of alcohol pads; 1 patient on a hospital bed.

1. How competent are you to obtain a 12 - lead EKG using the appropriate procedure and equipment described above?  
**Not competent at all**

Consider this situation. You are providing patient care in a field environment and need to suction oropharyngeal secretions from a patient. You have the following equipment and supplies: Field table; 1 portable oropharyngeal suction apparatus; sterile patient suction tubing and suction catheter; 1 small container of water; 1 pair of clean gloves.

2. How long can the suction apparatus operate on internal battery pack? **2 hours**

3. How many hours does it take for the internal battery to recharge when completely discharged? **8 hours**

4. In the field medical treatment facility or ward, the mode of electrical operation for the suction apparatus is AC power source.  
 True  False

5. In the ambulance or other evacuation vehicle, the mode of electrical operation for the suction apparatus is a DC power source.  
 True  False

6. For a litter patient, the mode of electrical power for the suction apparatus is a DC power source. True  False

**What is your level of competence in these operational areas:**

- 1 = Not competent at all
- 2 = Have training but no experience
- 3 = Have training & minimal experience
- 4 = Have training & moderate experience
- 5 = Fully competent

7.	Evacuation Procedures	1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/>
8.	Echelon of Care	1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/>
9.	Reporting an unlawful act or conduct	1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/>
10.	Field sanitation and hygiene	1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/>
11.	DEPMEDS Setup	1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/>

**D. Soldier and Survival Skills**

- 1 = Not Competent
- 2 = Minimally Competent
- 3 = Moderately Competent
- 4 = Highly Competent
- 5 = Totally Competent

1. Select the answer that best represents how familiar you are with the M-16 rifle. **Not familiar**

2. Select the answer that best represents how familiar you are with the 9mm pistol. **Not familiar**

3. How competent are in your ability to defend yourself and/or your patient(s) if called upon to do so? 1  2  3  4  5

4. I am competent and confident in my ability to protect myself and my patients using the M40 mask and MOPP gear.  
**Strongly disagree**

5.	How competent are you in your ability to navigate using a map and compass?	1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/>
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6.	How competent are you in your ability to maintain your individual weapon in working order?	1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/>
7.	How competent are you in your ability to perform your primary military specialty under adverse and/or prolonged field conditions?	1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/>
8.	How competent are you in your ability to decontaminate yourself and your patient(s) using standard Army decontamination equipment?	1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/>
9.	Select the answer that represents how familiar you are with your status under the Geneva Conventions should you be captured by enemy forces.	1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/>
10.	If you were captured, how competent are you in the ability to resist the enemy?	1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/>
11.	Select the answer that represents your familiarity with standard Army communication equipment. (i.e. field radio)	1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/>

**E. Personal and Physical Readiness**

1. Select the score that most closely represents your last APFT score. < 180
2. Select the answer which represents how long ago it was you had a dental exam. 24 months
3. If applicable, do you have a family care plan? Yes  No  Not Applicable
4. Do you have a physical profile? Yes  No
5. If yes to the previous question, does your profile prevent you from completing your duty? Yes  No  Not Applicable

**F. Psychosocial Readiness - Family**

- 1 = Poor
- 2 = Fair
- 3 = Good
- 4 = Very Good
- 5 = Excellent

1.	Select the answer that best describes the quality of your current family support system. (i.e. family support group, friends, or family).	1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/>
2.	If you are deployed, will the same family support system in the above question be available?	Yes <input type="radio"/> No <input type="radio"/>
3.	Have you ever been separated for more than 6 months from your family/significant other?	Yes <input type="radio"/> No <input type="radio"/>
4.	If yes to the above question, describe your family's overall response to your separation.	1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/> n/a <input type="radio"/>

**Legal**

5.	Do you have a will?	Yes <input type="radio"/> No <input type="radio"/>
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6.	Do you have a current power of attorney?	Yes <input type="radio"/> No <input type="radio"/>
7.	Do you have any pending legal matters, i.e. divorce or other legal problems?	Yes <input type="radio"/> No <input type="radio"/>

**Occupational**

- 1 poor
- 2 fair
- 3 satisfactory
- 4 good
- 5 excellent

8.	Describe your current working relationship with co-workers in your deployment unit.	1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/>
9.	Describe your overall feeling about your past deployment experience.	1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/>

**Current Stressors and Coping Strategies Deployment brings with it stress and challenges which tend to compound pre-deployment stressors. How much stress are you experiencing in the following areas:**

- 1 = No Stress
- 2 = Somewhat Stressed
- 3 = Stressed
- 4 = Quite Stressed
- 5 = Very Much Stressed

10.	Main work.	1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/>
11.	Family.	1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/>
12.	Finances.	1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/>
13.	13. Other.	1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/>
14.	Do you know how to access emotional support while deployed?	Yes <input type="radio"/> No <input type="radio"/>

15. To which of the following would you turn for coping with stress? (Check all that would apply).

- Tobacco
- Physical Exercise
- Relaxation/Meditation Techniques
- Talking With Friends
- Religious Faith

16.	Do you know how to access mental health services when deployed?	Yes <input type="radio"/> No <input type="radio"/>
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**To what extent are you prepared for:**

- 1 = Not Ready At All
- 2 = Somewhat Ready
- 3 = Moderately Ready
- 4 = Mostly Ready
- 5 = Totally Ready

17.	Death, dying, carnage.	1 ● 2 ● 3 ● 4 ● 5 ●
18.	Your own possible death.	1 ● 2 ● 3 ● 4 ● 5 ●
19.	Battle stress.	1 ● 2 ● 3 ● 4 ● 5 ●
20.	Weather extremes.	1 ● 2 ● 3 ● 4 ● 5 ●
21.	Long hours.	1 ● 2 ● 3 ● 4 ● 5 ●
22.	Lack of privacy.	1 ● 2 ● 3 ● 4 ● 5 ●

**Leadership and Administrative Support Administration**

1. If you were deployed with a unit that you are currently assigned or PROFIS to, you would understand the set up, functions, and all of the areas that fall under the command support of TOE unit. **Strongly disagree**
2. If you are a single parent or dual military, IAW (in accordance with) AR 600-20, you are required to have a Family Care Plan. If you were called today and given notification that you were to deploy next week, how confident are you that you could activate and make your Family Care Plan work for the entire deployment (up to 9 months)?  
**Totally Confident**

**Leadership**

3. Select the answer which represents how you rate your deployment unit first-line leader's knowledge and concern for the soldiers as described in the leader's principal: "Know your soldiers and look out for their well-being."  
**Very knowledgeable and concerned**
4. Select the answer which represents how you would rate your deployment unit first-line leader's acceptance of responsibility to ensure that safe, tough, realistic training was conducted which adhered to the highest standards, habits, and discipline.  
**High sense of responsibility**
5. Select the answer that represents how you rate your deployment unit first-line leader's ability to keep you informed.  
**Leader keeps me well informed**

**Group Integration and Identification**

1. Select the answer that represents your ability to adjust to crowded and coed sleeping quarters while deployed.  
**Low ability to adjust**
2. Select the answer that represents the amount of days you have had the chance to train with your deployment unit in the last 12 months. **None**
3. How familiar are you with your deployment unit's mission, vision, and values? **Very Familiar**
4. How familiar are you with your role/duty assignment within your deployment unit? **Very Familiar**

**Click on the submit button below when you are ready to submit your data.**

**Thank you very much for completing this questionnaire.**

Submit