

M.D./MPH Student Spotlight



Christian Aquino, Class of 2020

Why Public Health?

In allopathic medicine we are trained to focus on symptoms and disease process at an individual level. Many times, when a patient presents to the clinic or hospital, they are in an advanced disease stage. Through public health efforts, clinicians can impact entire communities and aid in chronic disease prevention. Additionally, healthcare providers can work with local, regional and national agencies in order to address social determinants of health and achieve health equity.

What was your UTHealth School of Public Health Practicum?

I was the Principal Investigator for a project conducted in the Rio Grande Valley which looked at successfully identifying and engaging Hispanic young adult males in the design of an intervention that is socially and culturally adapted for this high-risk group.

What is one cause that is dear to your heart?

The fight against obesity!

What is your motto?

“The best way to predict the future is to create it yourself.”