

M.D./MPH Student Spotlight



Stephanie Cornell, *Class of 2019*

Why Public Health?

In Medicine, we learn (and see) the socioeconomic and living environment issues that keep our patients from regaining their health - but it can be hard to understand what to do about it when you are sitting in the clinic with 15 more patients to see. Public health has equipped me with the problem-solving skillset to approach these issues both on the individual and community level, and ultimately to help my patients maintain or regain their health.

What was your UTHealth School of Public Health Practicum?

I co-authored a journal article exploring the difficulty of medical decision-making among young adult cancer survivors. I learned a lot about shared decision-making, literature reviews, drafting an article, and the submission process.

What is one cause that is dear to your heart?

Hypertension! Prevent cardiovascular disease! Live longer!

What is your motto?

"Come back with your shield - or on it."