MASK UP WITH THE COVER-UP CREW TO PROTECT OUR COMMUNITY

Why do we cover up?

Our world is full of Virus Villains who can even hide in people that appear healthy.

To protect our community, we maintain our distance and mask up when we must leave our home.

We also wash our hands often and leave the gloves to our healthcare friends.

Making A Mask

1. [Instructions for making a mask]

2. [Instructions for making a mask]

3. [Instructions for making a mask]

Wearing Your Mask

Wash hands before and after wearing a mask.

Cover your mouth and nose. No gaps!

Avoid touching your mask!

Wash cloth masks after every use.

*Photo credit: CDC For more information visit: www.cdc.gov/coronavirus/2019-ncov