

**Personal Safety Plan**  
**Immediate physical safety**

- Do you feel afraid, threatened or unsafe on university property? If yes when, where and why do you feel this way.

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- Who is the accused person? A significant other, ex, a classmate or a person in a position of authority at the school (e.g., a professor, advisor, director, employee)?

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- Do you see the accused person on campus, are there things the school could do to help make you feel safer?

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- What information, if any, does the accused person have about where you live, study, or about other places you go on a regular basis?

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- Has the accused person threatened you, either directly or in other ways (e.g., threatened to tell other people, get you fired from work, report you to campus police for drinking or using drugs, “out” you as LGBTQ, post pictures or statements online)?

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- Has the accused person contacted you since the assault? If so, in what ways and how often?

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- Has the accused person stalked or harassed you, your friends, or family?

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- Do you fear retaliation if you report to law enforcement? What kinds and by whom?

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- Do you have a civil restraining order or other type of protection order against the accused person? If not, do you think some type of protection order would be helpful?

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- Are you considering reporting the accused person in order to initiate disciplinary proceedings?

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- <http://students.uthscsa.edu/titleix/>
- Do you have any injuries or other health concerns as a result of the violence? If so, have you been able to receive medical care?  
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- Do you have a cell phone you can use if you need to call for help? \_\_\_\_\_
- Do you have a plan in case of emergencies (e.g., if you were in danger or needed medical attention, who you would call, where you would go, how you would get there)  
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- Are there things that you or others can do that would make you feel safer at school (e.g., a change in class schedule, provide bus service to/from the school, taking a leave of absence, move your locker, provide an escort, change practice or meeting times, create “safe” dining hall hours, designate a “safe” parking space)?  
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- Are you aware of our school’s counseling, mental health, medical, or student services for victims of violence? If not, would you like me to tell you about services available to you from the school or in the community?
- <http://students.uthscsa.edu/counseling/>
- <http://shc.uthscsa.edu/>
- For Faculty or Staff <https://www.uth.edu/uteap/>  
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- Have you read through the campus sexual misconduct policy? Would it be helpful to look through it together?
- <http://uthscsa.edu/hop2000/4.2.2.pdf>  
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**Safety and technology**

- Does the accused person know your phone number? Your email address?  
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- Does the accused person know any of your passwords?  
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- Do you have any social media accounts (e.g., Facebook, Instagram, Snapchat, Google+, Twitter, and LinkedIn)? Are you “friends” with the accused person? Is anyone in your social media network “friends” with the accused person? Do you know how to block the accused person and their contacts from accessing you via these avenues?  
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- Have you reviewed your privacy settings (e.g., on shared computers, social media sites) since the assault? Can you adjust those settings to keep your personal information more secure?

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- Has the accused person or their friends contacted you using these mediums? If so, can you gather (and retain) evidence of this contact (e.g., phone records, screen shots, saving voicemails, text messages)?

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- Has the accused person or their friends posted anything about you online? What was posted? Is the post still online?

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- Have you searched for your name on the internet? If so, does any private information (e.g. home address, phone number) show up? Do you need help removing this information?

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### Safe housing

- What kind of housing do you live in (e.g., apartment, house)?

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- Who owns the building where you live (private landlord, you)?

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- Do you live alone or share your housing? How well do you know the people with whom you share your housing?

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- Does the accused have a key or know the access code to your housing? (e.g. entry gate code, home alarm code)

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- Are you physically safe inside your housing? Do your windows and doors lock? Do you have lights outside? What is the security like for entering and exiting your building/house?

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- Who could you stay with if you needed to leave your housing? Do you have friends or family nearby? Who else on campus or in the community do you know and trust? How would you contact them?

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- Would it be safer to move to new housing? Would you like to discuss the possibility of moving to new housing? Do you need help finding a new place to stay?

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- Can you think of other things you can do to feel safer where you live?

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### **Safety in extracurricular activities**

- Are you involved in student groups or clubs? Do you have any concerns about particular members of these groups? Are you being threatened or harassed by any group members? Are you experiencing any retaliation from group members?

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- Do you play on any campus sports teams? Do you have any concerns with regards to teammates, coaches, etc.? Are you being threatened or harassed by any of your teammates or coaches? Are you experiencing any retaliation from your teammates or coaches?

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- Do you attend a gym? Do you have any concerns about particular members that attend the gym? Are you being threatened or harassed by any group members? Are you experiencing any retaliation from group members? Does the accused person know you attend that gym?

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### **Safe campus workplace**

- Are you currently employed? If yes, is this off campus or on campus employment?

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- Does the accused person work on campus? Does the job allow the accused person to access your information (e.g., Registrar, Dean's Office)?

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- Is the accused person a coworker or a person who has authority over you at your campus job (e.g., is the accused person your supervisor)?

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- Does where you or the accused person work impact your ability to access campus services, the library, or your class room or office?

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- Does anyone else at your campus/job know about the assault? If yes who?

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- Would an accommodation to have a different employment location, timing, or position make you feel safer?

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**Safe community**

- Do you see the accused person when you are off campus? If yes, where (e.g., at the grocery store, the mall, local restaurants, religious services)?

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- How do you get to the places you need to go to (e.g., school, the mall, religious services, places you study, the movies, friends' houses or restaurants)?

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- Is there someone you trust who can accompany you to the places you need to go?

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- If you were approached by the accused person in an off campus location, do you know where you could go to be safe?

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- Does the accused person know your transportation routes?

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- Are you comfortable using the school's transportation (e.g., campus shuttle systems)?

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- Does the accused person use the same transportation you do, such as the train or bus? If so, are there other ways you could get where you need to go? Do you always have access to a vehicle or have a friend who could drive you?

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**In Closing**

- Because you know your situation better than we do, is there anything else you think we need to know to better assist you with a safety plan on campus?

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Signature of Complainant

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Date

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UTPD Representative

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Date

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